

This MRI exam obtains detailed images of the rectum and any abnormalities that exist in that area.

How you should prepare

- Nothing to eat or drink four hours before your exam.
- Do not take iron medications or supplements 48 hours prior to your exam.
- Wear comfortable clothes without metal fasteners, including zippers, buttons and snaps.
- Three hours before your appointment time, you will have to use a laxative suppository to clear out any stool from the rectum. The suppository is available free of charge for you to pick up prior to your exam at our Coon Rapids, Northwest or St. Paul locations.
- Arrive 15 minutes prior to your appointment time for registration.
- Bring your appointment form, insurance card and a valid photo ID.
- Let us know about any of the following:
 - Allergies, asthma, diabetes, inflammatory bowel disease
 - Any metal in your body
 - Claustrophobia
 - Kidney problems
 - Pregnancy - known or possible
 - Previous reactions to MRI contrast
 - Recent chemotherapy (within 30 days)

What happens during the exam

You will be asked to change into a gown or scrubs. Jewelry, watches, hair clips, piercings and possibly dentures will need to be removed.

An IV will be started in a vein in your arm. You will have to leave all personal items in a secure locker outside of the MRI room. The technologist will give you headphones so you can listen to music during the exam. Contrast material will be injected through the IV line that was placed earlier.

Next, you will lie on your side on the cushioned MR scanner table. The technologist may need to insert a small amount of special gel into your rectum. The gel expands the rectum, which allows for better images to be captured by the scanner.

The technologist will help you move onto your back and the table will move slowly into position. For the best possible images, you will need to be as still as possible during the exam, which takes approximately 20-30 minutes. You may hear a drumming sound as the machine captures the images.

The imaging technologist will be outside of the room and is immediately available at all times. You will have a button in your hand to call for assistance, if needed. You will be in full view of the technologist by means of a window and video camera.

After your exam

You will be helped off the scanner table and your IV will be removed. You may resume regular activities immediately after your exam.

Your images will be interpreted by a board-certified radiologist and the findings will be sent to your healthcare provider. Your healthcare provider will contact you to discuss the results.

>> Maps and location information on reverse side >>



www.midwestradiology.com

Your scheduled appointment

Date: _____

Arrival Time: _____ Appointment Time: _____

Location:

☐ **Midwest Radiology Suburban Imaging – Coon Rapids**

Scheduling Phone: 763.792.1999

☐ **Midwest Radiology Suburban Imaging – Northwest**

Scheduling Phone: 763.792.1999

☐ **Midwest Radiology Outpatient Imaging – St. Paul**

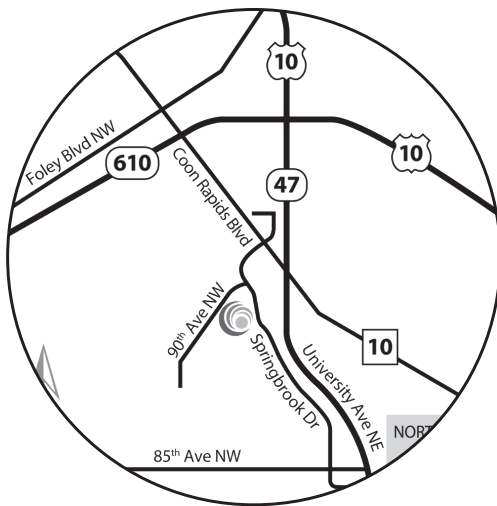
Scheduling Phone: 763.792.1999

Maps and location information

Midwest Radiology Suburban Imaging – Coon Rapids

MMEC I, Suite 140
8990 Springbrook Drive
Coon Rapids, MN 55433
main 763.792.1900

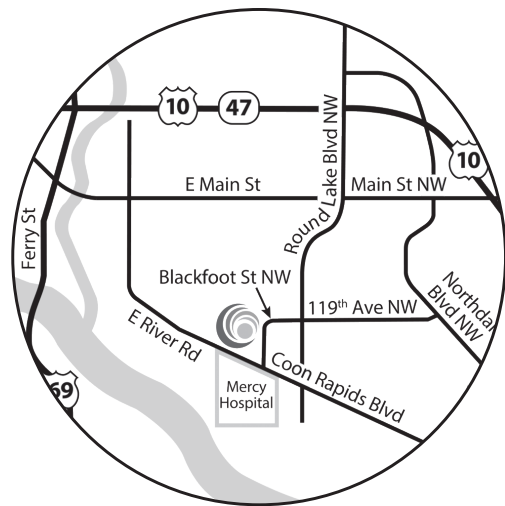
Located near Northtown Mall with free parking in front of the building.



Midwest Radiology Suburban Imaging – Northwest

Mercy Specialty Center, Suite 180
11850 Blackfoot Street NW
Coon Rapids, MN 55433
main 763.795.1600

Located on the first floor of the building with free parking.



Midwest Radiology Outpatient Imaging – St. Paul

250 Thompson Street
St. Paul, MN 55102
main 651.602.7200

Located between the John Nasseff Specialty Center and United Hospital.

