

# Prostate MRI

Prostate MRI uses a magnetic field and radio waves to create detailed pictures of the prostate and surrounding anatomy.

## How you should prepare

- This exam can be scheduled six weeks after a prostate biopsy.
- Nothing to eat or drink four hours before your exam.
- Refrain from ejaculating for three days prior to the exam.
- Wear comfortable clothes without metal fasteners, including zippers, buttons and snaps.
- Three hours prior to your appointment, please use a bisacodyl suppository (Dulcolax®) which is available free of charge at our Burnsville, Coon Rapids, Maple Grove, Northwest and St. Paul locations or at your local pharmacy.
- Arrive 15 minutes prior to your appointment time for registration.
- Bring your appointment form, insurance card and a valid photo ID.
- Let us know about any of the following:
  - Allergies, diabetes
  - Any metal in your body
  - Claustrophobia
  - Kidney problems
  - Previous reactions to MRI contrast
  - Recent chemotherapy (within 30 days)

## What happens during the exam

You will be asked to change into a gown or scrubs. Jewelry, watches, piercings and possibly dentures will need to be removed. You will have to leave all personal items in a secure locker outside of the MRI room.

An IV will be started in a vein in your arm. The technologist will give you headphones so you can listen to music during the exam. Contrast material will be injected through the IV line at timed intervals throughout the exam.

The technologist will help you move onto your back and the table will move slowly into position. For the best possible images, you will need to be as still as possible during the exam, which takes approximately 30-45 minutes. You may hear a drumming sound as the machine captures the images.

The imaging technologist will be outside of the room and is immediately available at all times. You will have a button in your hand to call for assistance, if needed. You will be in full view of the technologist by means of a window and video camera.

## After your exam

You will be helped off the scanner table and your IV will be removed. You may resume regular activities immediately after your exam. ***If you were given Valium (diazepam) for claustrophobia during your exam, you will not be able to drive for 12 hours.***

Your images will be interpreted by a board-certified radiologist and the findings will be sent to your healthcare provider. Your healthcare provider will contact you to discuss the results.

>> **Maps and location information on reverse side** >>



[www.midwestradiology.com](http://www.midwestradiology.com)

### Your scheduled appointment

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ Appointment Time: \_\_\_\_\_

Location:

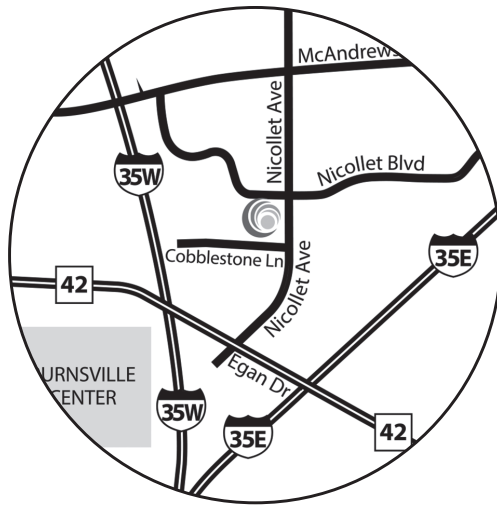
- Midwest Radiology Outpatient Imaging – Burnsville**  
Scheduling Phone: 763.792.1999
- Midwest Radiology Suburban Imaging – Coon Rapids**  
Scheduling Phone: 763.792.1999
- Midwest Radiology Suburban Imaging – Northwest**  
Scheduling Phone: 763.792.1999
- Midwest Radiology Outpatient Imaging – St. Paul**  
Scheduling Phone: 651.632.5700

# Maps and location information

## Midwest Radiology Outpatient Imaging – Burnsville

Burnsville Medical Center, Suite 204  
14000 Nicollet Avenue South  
Burnsville, MN 55337  
main 952.898.2333

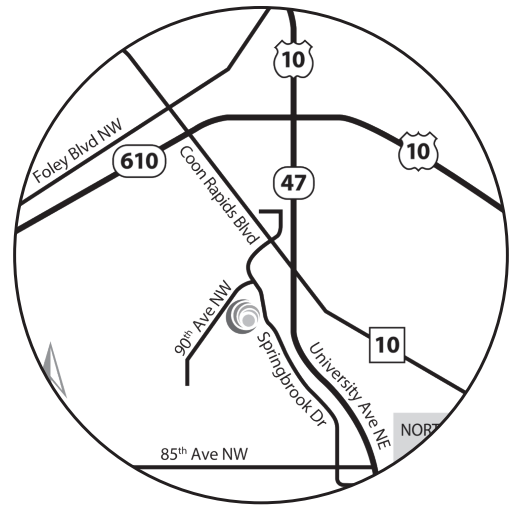
Located on the second floor of the building  
with free parking.



## Midwest Radiology Suburban Imaging – Coon Rapids

MMEC I, Suite 140  
8990 Springbrook Drive  
Coon Rapids, MN 55433  
main 763.792.1900

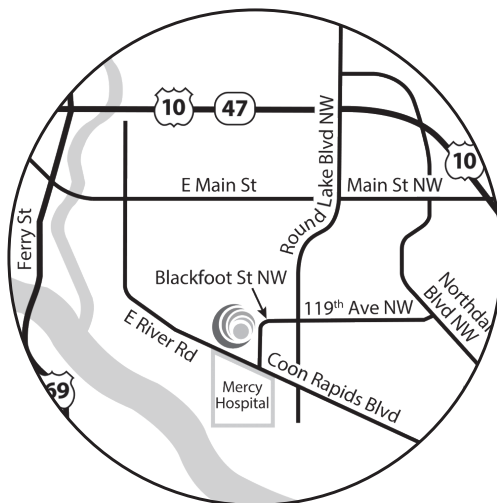
Located near Northtown Mall with free  
parking in front of the building.



## Midwest Radiology Suburban Imaging – Northwest

Mercy Specialty Center, Suite 180  
11850 Blackfoot Street NW  
Coon Rapids, MN 55433  
main 763.795.1600

Located on the first floor of the building  
with free parking.



## Midwest Radiology Outpatient Imaging – St. Paul

250 Thompson Street  
St. Paul, MN 55102  
main 651.602.7200

Located between the John Nasseff Specialty  
Center and United Hospital.

